

# The Rise of Self-Funding with Stop Loss

Increases in health care costs, fueled by the implementation of the Affordable Care Act (ACA), have ignited interest in the self-funded option for employee benefits. Once common among only very large employers, self-funding has taken off with mid-sized and smaller groups as well.



## How Has Interest in Self-Funding Grown?

**63%**

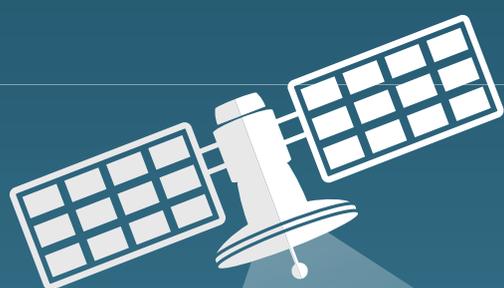
In 2015, **63% of covered workers were in partially or completely self-funded plans.**

**29%**

The number of workers in self-funded plans has **grown nearly 29% in 15 years.**

**7%**

Since the Affordable Care Act was implemented in 2010, the number of workers in self-funded health benefits plans has **grown nearly 7%.**



## Who Is in Self-Funded Health Plans?

### % Workers By Group Size

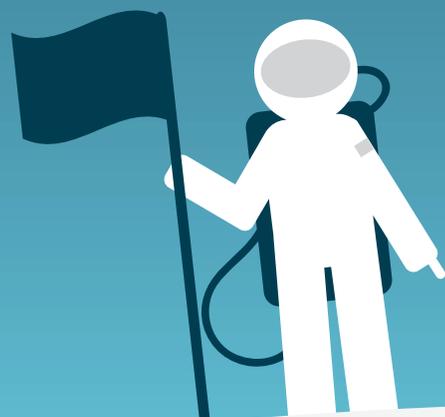
200-999 – **56%**  
1,000-4,999 – **82%**  
5,000+ – **94%**

### % Workers By Region

Northeast – **70%**  
Midwest – **64%**  
South – **69%**  
West – **48%**

## What Makes Self-Funding Attractive?

- ★ **Reduced costs** from not paying fully insured carrier profit margins
- ★ **Flexibility in plan design**
- ★ **Increased control** by owning all claims data and reporting



## Who Protects with Stop Loss?

The choice to self-fund is largely a financial decision. Stop Loss helps protect self-funded employers against the cost of catastrophic claims.

- ★ **60% of all workers** whose employers self-fund are in plans protected by Stop Loss
- ★ **90% of workers in groups of 200-999** whose employers self-fund are in plans protected by Stop Loss

HM Insurance Group has been providing Stop Loss protection to self-funded employers for more than 30 years. To learn more about self-funding with Stop Loss, **visit [hmig.com](http://hmig.com)**

