Earlier this year the Department of Health and Human Services ("HHS") issued a new rule to strengthen privacy and security protections under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"). The new rule provides individuals with greater privacy protections and right to control their personal health information. The HIPAA Privacy Rule requires covered entities, including HM Insurance Group, to have and redistribute a Notice of Privacy Practices ("NPP"), which describes its practices concerning the use and disclosures of Protected Health Information ("PHI") and individual rights. The new rule requires covered entities to revise their NPPs to include statements about the new rights and protections. These revisions are considered a material change to the NPP requiring distribution of the NPP to individuals covered by the plan.

The changes to HM Insurance Group's NPP include the following:

- Your right to be notified following a breach of your unsecured protected health information.
- Your right to opt out of receiving fundraising communications.
- A description of the types of uses and disclosures of protected health information that require an authorization, including the use and disclosure of psychotherapy notes, PHI for marketing purposes and disclosures that constitute a sale of PHI.
- A statement that other uses and disclosures not described in the notice will be made only with written permission.

Please review HM Insurance Group's revised NPP.

Thank you for being our member. If you have any questions about your privacy or our policies, please feel free to contact us at any time at 866-215-2352 (Toll Free).